



ANSON MILLS

Hush Puppies

Yield

About 24 bite-size hush puppies

Time

45 minutes, start to finish

Cooking Remarks

Hush puppies are traditionally made with fine cornmeal, but we like them just as much with coarse. Use whatever you have on hand—as long as it's from Anson Mills.

Equipment Mise en Place

For this recipe, you will need a small saucepan; a large mixing bowl; a 4-quart Dutch oven, a deep, heavy-bottomed saucepan or an electric deep-fat fryer; a deep-fry thermometer that can be attached to the sides of a pan; a pair of tongs; and a slotted spoon.

Ingredients

¾ cup whole milk

1 teaspoon fine sea salt

½ teaspoon freshly ground black pepper

1 ounce (2 tablespoons) unsalted butter

7.5 ounces (1½ cups) Anson Mills Fine or Coarse Cornmeal (white or yellow), plus additional if needed

About 6 cups peanut oil

1 large egg

1 teaspoon baking powder

1 small onion, peeled and grated

Directions

1. Heat the milk, salt, pepper, and butter in a small saucepan over low heat until the butter melts. Turn the cornmeal into a large mixing bowl. Pour the hot milk over the cornmeal and stir to combine. The cornmeal should be completely moistened but not runny. Cover the bowl and let the cornmeal rest for 5 to 10 minutes.

2. Meanwhile, pour peanut oil to a depth of 3 inches (you'll need about 6 cups) into a 4-quart Dutch oven or a deep, heavy-bottomed saucepan and attach a deep-fry thermometer to the side of the pot. Heat the oil over medium heat to 360 degrees. Alternatively, heat the oil in an electric deep-fat fryer.

3. Crack the egg into a small bowl and whisk to combine. Whisk in the baking powder, and then stir in the grated onion. Turn the egg mixture into the moistened cornmeal and stir with a

wooden spoon to combine. The batter will be fairly thick, but should drop shaggily from a spoon; if it is thin or droopy, stir in additional cornmeal until the proper consistency is reached.

4. Using 2 regular teaspoons (one to scoop and one to shove), drop 7 to 10 hush puppies one at a time into the hot oil. Loosen the hush puppies from the bottom of the pan with tongs and turn them frequently so they cook evenly. Fry the hush puppies until deep golden brown, about 2 minutes. Remove the fried pups from the oil with a slotted spoon and transfer them to paper towels to drain. Bring the oil back to temperature and continue to fry the remaining hush puppies. Serve the hush puppies hot as hors d'oeuvres with our fabulous Dipping Sauce for Hush Puppies, or as a side with fried fish or barbeque and coleslaw.