



## ANSON MILLS

### Popovers

#### Yield

6 big popovers

#### Time

5 minutes to make the batter, 4 hours to 24 hours to rest it, and 35 minutes to bake

#### Baking Notes

We use a 6-cup nonstick popover pan. Two very nice and affordable performers are the Bellemain and the Chicago Metallic, each available on Amazon.

This might sound crazy, but an accurate digital scale and oven thermometer could be the single greatest predictors of success with this recipe. The freshness and quality of the eggs factor significantly as well. Once you're sure your oven temperature is accurate, leave the baking popovers alone and don't open the oven. We enjoy sitting on the floor and watching their time-lapse progress through the oven window.

It is easy to produce two batches of batter back to back, and then bake them back to back.

#### Equipment Mise en Place

For this recipe, you will need a digital kitchen scale, a medium bowl, a whisk, a 4-cup liquid measuring cup, a blender, a rubber spatula, a nonstick standard popover pan, and a wire cooling rack. An oven thermometer is helpful for checking the accuracy of your oven.

#### Ingredients

6.5 ounces Anson Mills French Mediterranean Bread Flour

1 teaspoon sugar

$\frac{3}{4}$  teaspoon fine sea salt

11 ounces whole milk

1 ounce spring or filtered water

5.5 ounces shelled eggs (about 3 large)

1 ounce unsalted European-style butter, melted and slightly cooled, plus 1 tablespoon, room temperature

#### Directions

1. In a medium bowl, whisk together the flour, sugar, and salt. Combine the milk and water in a 4-cup liquid measuring cup.
2. Put the eggs in a blender and blend at medium speed until well combined, 10 seconds. With the blender running, stream in the milk. Stop the blender, add half of the flour mixture, and blend until combined, about 10 seconds. Add the remaining flour mixture and blend until incorporated, about 10 seconds more. Using a rubber spatula, scrape down the blender. With

the blender running on medium, stream in the melted butter. Increase the blender speed and combine for 5 seconds. Pour the batter back into the liquid measuring cup. You'll have just shy of 3 cups. Cover and allow the batter to rest. If you'll be baking it within 4 hours, leave the batter at room temperature; if you'll be resting it for longer (it'll hold for up to 24 hours), put it in the refrigerator.

**3.** If the batter has been refrigerated, allow it to come to room temperature. Adjust an oven rack to the lower-middle position and heat the oven to 425 degrees. Grease the cups of a nonstick standard popover pan, including the rims of the cups, with the 1 tablespoon softened butter.

**4.** Stir the batter gently to recombine and divide it equally among the 6 popover cups (about  $\frac{1}{2}$  cup per cup). Bake for 20 minutes. (Resist the urge to open the door of the oven *at all* until the popovers are done.) Through the oven window, the popovers will look like soft, towering cyclones. Reduce the oven temperature to 400 degrees and continue to bake until the popovers are deep golden-brown, well risen, and have begun to split on the top, about 15 minutes more. Remove the pan from the oven and immediately transfer the popovers to a wire rack. The inside of the popovers will be basically hollow with some creamy, webby bits. Serve warm or at room temperature.