



## ANSON MILLS

### **Boston Baked Sea Island Red Peas**

#### **Yield**

About 4 cups, serving 4 to 6

#### **Time**

Overnight to soak the peas and about 3 hours to cook

#### **Cooking Remarks**

Salt pork is easy to make and unexpectedly delicious. We say unexpected because most people have never tasted good salt pork. We hadn't. We purchased a nice piece of Berkshire pork belly and a stash of sea salt. Four days and very little effort later, we had salt pork. Its flavor frankly blew us away. But you don't have to make your own salt pork to enjoy this recipe.

#### **Equipment Mise en Place**

For this recipe, you will need a digital kitchen scale, a large bowl, a heavy-bottomed 3-quart saucepan, a potato masher, a baking sheet, a 10-inch skillet, and a shallow 1-quart baking dish.

#### **Ingredients**

7 ounces (1 cup) Anson Mills Sea Island Red Peas  
Spring or filtered water  
2 teaspoons unsalted butter  
2.5 ounces Salted-Cured Pork Belly or purchased salt pork, cut to 1/8-inch dice (1/2 cup)  
1 1/4 cups minced yellow onion  
2 teaspoons minced garlic  
2 teaspoons tomato paste  
1 1/2 tablespoons (0.75 ounce) dark muscovado sugar  
Tiny pinch of ground cloves  
1 cup Rich Homemade Chicken Stock or low-sodium chicken broth  
1/4 teaspoon fine sea salt  
1/2 teaspoon freshly ground black pepper

#### **Directions**

- 1.** In a large bowl, cover the peas with an abundance of water, at least 4 times their volume. Let them soak overnight at room temperature.
- 2.** The next day, drain the peas and turn them into a heavy-bottomed 3-quart saucepan. Pour in 3 cups water and bring to a simmer over medium-high heat. Reduce the heat to medium-low and cook uncovered, stirring occasionally and adjusting the burner to maintain a gentle simmer, until the peas are tender and the water has evaporated to the level where it laps the edges of the peas, 30 to 40 minutes.

**3.** Using a potato masher, mash the peas selectively, leaving about half of them intact, until the peas have thickened and look creamy, but still rather saucy. Remove the pan from the heat, cover it and set it aside.

**4.** Adjust the oven rack to the middle position, place a baking sheet on the rack and heat the oven to 250 degrees. In a 10-inch skillet, combine the butter and salt pork, then cook over medium-low heat, stirring frequently, until the pork is crisp and golden and most of the fat has rendered, 5 to 7 minutes. Add the onion and sauté until it begins to soften, about 5 minutes. Stir in the garlic, tomato paste, cloves, and sugar; cook for about 10 seconds. Turn the mixture into the saucepan with the peas, then add the chicken stock, salt, and pepper. Set the saucepan over medium-low heat and cook, stirring, just until the peas are hot.

**5.** Turn the peas into a shallow 1-quart baking dish; the dish will be quite full. Slide the baking dish onto the baking sheet in the oven and bake for 2 hours, stirring 3 or 4 times. The liquid will be significantly reduced and the top of the peas burnished and glazed. Let cool for about 20 minutes before serving.